

PUBLIC **A**WARENESS FOR **H**EALTHFUL **A**PPROACH FOR **L**IVING (PAHAL)



Activity Report Year April 2010 – March 11

Regd. Office

L.S. Institute, Nema Place

Dr. K K Sharan Lane

Exhibition Road, Patna – 800001

Tele-fax: 0612-2206964

Email: diwakartejaswi@yahoo.com

WWW.pahalhealth.org

Regd. No. 1699 (Under Societies Regd. Act 1860, IG Registration, Bihar)

Public Awareness for healthful Approach for Living (PAHAL) is a Patna, Bihar, India based recently registered health of the poorest people in Bihar, through health and developmental programs. We are a newly established multidisciplinary team who has been working in Bihar with expertise in the areas of public health, clinical medicine, health programmes and policy development, rural development and empowerment non – profit organization working towards improving the of the disenfranchised.

The global response to the HIV epidemic has thus far rightly targeted high-prevalence regions of India for the past twenty years. As the epidemic has recently abated, new epicenters have been identified and have emerged for the spread of the virus. Due to the prevalence of several high-risk indicators, including wide-spread poverty, low economic growth, low literacy rates, dense population and high migration, the HIV epidemic is arising in the state of Bihar.

In response to this growing crisis, PAHAL is organizing HIV AIDS awareness camp and programmes along with general health camps in different parts of Bihar by itself and through its network partners. Our AIDS prevention programs effectively build awareness and bring about behavior modification in the at-risk public because they are sensitive to local culture.

Our plan is to cover the following major issues and areas in coming years:

- **Environmental Health :** Prevention and control of water-borne diseases by providing resources for water and sanitation, health and hygiene, education and training of women in the use of Oral Rehydration Therapy (ORT)
- **Maternal and Child Health:** Vaccinations for children and mother, maternal health care including family planning and reproductive health services, and the training of new health care workers.
- **Empowerment of women:** Education and vocational training. Vocational training was added in order to further empower the women and encourage them to assume leadership roles in their community.
- **Adolescent Reproductive Health (ARH):** To improve the demographic and reproductive health status of the community by changing the reproductive and sexual behavior of young adults both married and unmarried in the age group 12-25 years.

- **Hepatitis B Awareness Programme:** To make the community aware about Hepatitis B, through awareness programme.

Board Members of PAHAL

President:

Dr. (Mrs.) Kiran Sharan, MBBS, MD DCH

Secretary & Medical Director:

Dr. Diwakar Tejaswi, MBBS, MCH, FCCP, Ph.D

Treasurer:

Sri Anand Dwivedi - Senior Bank Officer

Members:

Dr. Himanshu Roy, MBBS, MD

Sri Rakesh Dubey - Police Officer

Sri Aviral Sashwat - IT Profesional

Sri Santosh Kumar - Self Business

Patron:

Mr. Sandeep Sinha – Director Business Development, Motorola, WA

Advisors:

Mr. Raja Kumar – Vice President, MGL Americas Inc., CA, USA

Mr. Vibhakar Yashaswi– B Tech (IIT Delhi), MBA (Florida State University)

Mr. Sudhakar Tapaswi– B Tech (IIT Kanpur), MBA (Melbourne Business School)

Activity Report April 2010 - March 2011

Free Health Checkup Camp, Patna (7th April 2010): To mark the World Health Day, PAHAL organized a free health checkup camp at Dr Tejaswi's Clinic. About 150 persons were examined in the camp. Medical Director PAHAL, Dr diwakar Tejaswi examined the patients and also provided the free medicine. Dr K K Sharan, ENT Specialist made aware the people about mouth cancer.



Free Health Awareness and Training Camp for OT Asst. of Nalanda Open University, Patna (9th April 2010): Under the banner of PAHAL Health awareness and training camp was organized for the OT Asst. and nursing students of Nalanda Open University at Alok Nursing Home, Patna. Dr Diwakar Tejaswi, Medical Director PAHAL was the delivered the lecture specially on Hepatitis B and other health issues. About 50 students attended the training.



Inauration of Leela Prasad Memorial Education Center at Bir (11th April 2010): To provide the education to the poor children and especially female of village Bir, a Leela Prasad Memorial Education Center was established by PAHAL. The education center was duly inaugurated by Eminent Surgeon of Bihar, Sri Narendra Prasad. On this occasion Dr Kiran Sharan, Smt. Smriti Abhijit, Dr K K Sharan, Sri Dinanath Prasad, Dr Dipika Tejaswi and Medical Director of PAHAL Dr Diwakar Tejaswi were present.



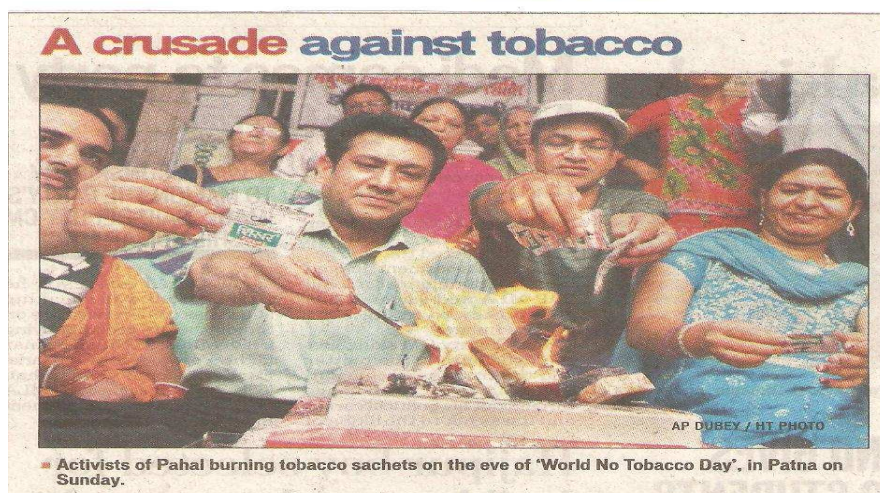
Free Bone Mineral Density Testing Camp, Patna (15th April 2010): PAHAL organized a free BMD testing camp at Dr Tejaswi's Clinic. Dr Diwakar Tejaswi, Medical Director PAHAL stated that osteoporosis is very common in female at the age of 40 and above. So awareness and BMD testing in a certain interval is very necessary specially for the female. About 75 persons were tested and also provided medicine to the persons whose BMD was not up to the mark.



Free Obesity Testing Camp, Patna (23rd May 2010): Under the banner of PAHAL, obesity detection camp was organized at Exhibition Road, Patna. Medical Director PAHAL Dr Diwakar Tejaswi advised to avoid junk food to keep you healthy. He also warned that obesity is the cause of many diseases. About 100 people were tested for the obesity.

World Anti Tobacco Day (30th May 2010): To mark the "World Anti Tobacco Day" under the banner of PAHAL a seminar on " Adverse health effects of tobacco" was organized. Medical Director PAHAL, Dr Diwakar Tejaswi addressed the people and at the end of the camp tobacco sachets were burnt with the commitment not take it again. Many people participated in the programme.

HINDUSTAN TIMES, PATNA
MONDAY, MAY 31, 2010



Free Thyroid and Diabetes Testing Camp (13th June 2010): PAHAL organized free Thyroid and Diabetes detection camp at Exhibition Road, Patna. Medical Director, Dr Diwakar Tejaswi examined the patients. About 95 persons were tested for the thyroid and diabetes in the camp.

दैनिक जागरण पटना, 14 जून, 2010

थायराइड की समय रहते जांच व इलाज जरूरी
पटना : पब्लिक अवेयरनेस फार हेल्थफुल अप्रोच फार लिविंग (पहल) के तत्वाधान में रविवार को डा. दिवाकर तेजस्वी के क्लिनिक में थायराइड व डायबिटीज की जांच के लिए निःशुल्क जांच शिविर का आयोजन किया गया। इस अवसर पर 50 लोगों की जांच की गई। मौके पर डा. केके शरण, डा. किरण शरण, पवन कुमार आदि उपस्थित थे।

Awareness Programme on HIV & Hepatitis B, Danapur (19th June 2010): PAHAL organized an awareness camp for the members of Center for Promoting Sustainable Livelihood. Medical Director of PAHAL made them aware about cause, symptoms, prevention and treatment regarding HIV and Hepatitis B. More than 100 female members attended the camp.

राष्ट्रीय
सहारा पटना । रविवार • 20 जून • 2010

जागरूकता शिविर

दानापुर । आज नौबतपुर के शहर रामपुर में स्वयं सहायता समूह की ओर से 100 से उपर महिलाओं को डॉ. दिवाकर तेजस्वी के द्वारा एड्स एवं हेपेटाइटिस-बी के बारे में जानकारी दी गई।

Free Diabetes Detection Camp at Gaighat, Patna (28th June 2010): PAHAL organized a free diabetes detection camp at Gaighat. Dr Diwakar Tejaswi examined the patients and made the people aware about diabetes and hypertension. About 105 persons were tested for the diabetes.

HINDUSTAN TIMES, PATNA
TUESDAY, JUNE 29, 2010

Diabetic camp

Nineteen persons, out of a total of 105 persons, examined at a free diabetic camp organised by Public Awareness for Healthful Approach for Living at Gaighat on Monday, were found to be suffering from diabetes. Dr Diwakar Tejaswi, who conducted the camp, expressed concern over the increasing number of diabetes patients in the country. HT NEWSROOM

Free Health Checkup Camp, Patna (21st July 2010): PAHAL organized a Health checkup and awareness camp at Exhibition Road, Patna. Medical Director PAHAL made the people aware about the health related issues. About 100 people attended the programme.

Free Health Checkup Camp, Patna (30th July 2010): A free health checkup camp organized jointly by Rotary Patna Shakti and PAHAL at Exhibition Road, Patna. In the camp people were tested for BMI (Body Mass Index), BMD (Bone Mineral Density), Diabetes, Hypertension and other related

issues. Medical Director PAHAL Dr Diwakar Tejaswi examined the patients. About 150 persons were benefited during the camp.

Healthy Baby Show, Patna (1st Aug. 2010): To mark the World Breastfeeding Week, PAHAL organized a Healthy Baby Show for the 1 – 3 age group babies at Exhibition Road, Patna. About 25 babies participated in the show. Prizes also distributed to the winner baby. Medical Director PAHAL, answered the questions related to babies asked by their mothers.

दैनिक जगरण | पटना, 2 अगस्त, 2010



Doctors were honored by PAHAL, Patna (8th Aug 2010): PAHAL and BNP+ (Bihar Network of Positive People) organized a programme to honor the two most distinguished doctors of Patna Dr Sarika Roy and Dr Manoj Kumar for their great contribution for performing surgery of People Living With HIV in private setup. It might be a motivational factor for the other doctors to serve the HIV positive without fear. Medical Director of PAHAL Dr Diwakar Tejaswi and President of BNP+ Mr Gyan Ranjan presented mementos to the doctors in their honor.



World Youth Day (12th Aug 2010): On the occasion of World Youth Day, PAHAL organized a cancer awareness camp at the premises of Patna College, Patna. Medical Director PAHAL, Dr Diwakar Tejaswi addressed the youth and said that the youth of today was easily becoming the addicted of tobacco and smoking. This may lead to then on the verge of a deadly disease like cancer. On this occasion Dr Tejaswi asked the youth to come forward and take a oath not to take tobacco any more.

Voluntary Blood Donation Camp, Patna (18th Aug 2010): A blood donation camp was organized by PAHAL at Exhibition Road, Patna with the help of Rotary Patliputra. About 20 people including Dr Diwakar Tejaswi donated blood in the camp. Dr Tejaswi made the people aware about the benefit of blood donation.

Free Health Checkup Camp at Vidya Vihar High School, Patna (29th Aug 2010): PAHAL organized a free health checkup camp for the students of Vidya Vihar High School at Kumhraar, Patna. Medical Director PAHAL, Dr Diwakar Tejaswi examined the students and advised them.

प्रभात खबर

पटना, सोमवार, 30 अगस्त, 2010

शिविर में बच्चों के स्वास्थ्य की जांच

प्रतिनिधि

पटना सिटी: कुम्हारार स्थित विद्या विहार हाइ स्कूल में रविवार को निःशुल्क चिकित्सा शिविर लगाया गया. इसमें डॉ दिवाकर तेजस्वी द्वारा बच्चों की स्वास्थ्य जांच की गयी. शिविर में विद्यालय के सैकड़ों बच्चों के स्वास्थ्य जांच की गयी तथा उचित परामर्श दिया गया. इस मौके पर डॉ तेजस्वी ने कहा कि अध्ययन के साथ-साथ स्वास्थ्य पर भी ध्यान देना चाहिए. छात्रों को समय पर संतुलित आहार लेना चाहिए. बच्चों के स्वास्थ्य जांच से छोटी-छोटी परेशानियां सामने आ जाती हैं. स्वस्थ शरीर में ही स्वस्थ मस्तिष्क का निवास होता है. शिविर को अन्य वक्तव्यों ने संबोधित किया कि शिक्षकों के साथ अभिभावकों को भी



स्वास्थ्य जांच शिविर में बच्चों की जांच करते डॉ दिवाकर तेजस्वी.

बच्चों के स्वास्थ्य पर ध्यान देने की जरूरत है. विशिष्ट अतिथि ललित कुमार प्रभाकर ने भी समय-समय पर बच्चों के स्वास्थ्य जांच पर बल दिया. मंच संचालन मधुमिता ने किया.

धन्यवाद ज्ञापन एसके पांडे ने किया. इस मौके पर शिव कुमार, पंकज कुमार पांडे, निलेश, भागेश्वर, दीपिका, ज्योति, नीलम व शंभु समेत कई लोग उपस्थित थे.

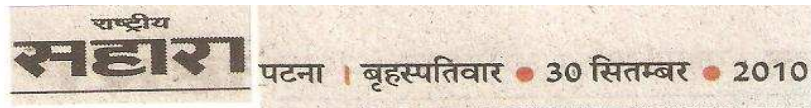
Press Conference, Patna (9th Sep 2010): Returning after attending an International High Level Meet on HIV/AIDS at Pokhra, Nepal Medical Director PAHAL, Dr Diwakar Tejaswi called a press conference and shared the updated information regarding HIV/AIDS.

Free Diabetes Detection and Dengu Awareness Camp at Gaighat , Patna (17th Sep. 2010):

Under the banner of PAHAL a free diabetes detection camp was organized at Gaighat Crossing, Patna. Medical Director PAHAL Dr diwakar Tejaswi examined the patients. Dr Tejaswi also made the people aware about Dengu and also discussed about the prevention and precaution of dengu. About 105 persons were tested in the camp.

Free Checkup for Hearing Impaired, Patna (29th Sep. 2010):

Under the banner of PAHAL and L S Institute of ENT a free checkup camp was organized for the hearing impaired. About 150 persons were tested for the same and eight hearing impaired were provided free hearing aid and also five poor people were selected for the free operation.



जांच शिविर संपन्न

पटना । पहल एवं एलएस इंस्टीट्यूट ऑफ ईएनटी केके शरण लेन में लाडली शरण स्मृति के तत्वावधान में मुफ्त बहरापन शिविर का आयोजन किया गया। शिविर में 150 लोगों की मुफ्त जांच की गयी और श्रवण यंत्र दिया गया। कार्यक्रम के संयोजक डॉ. तेजस्वी ने कहा कि शिविर में इन चुने हुए पांच मरीजों का मुफ्त ऑपरेशन एवं रहने की व्यवस्था की जाएगी। इस अवसर पर डॉ. केके शरण, डॉ. किरण शरण, जयन्त किशोर शरण, रजनीश शरण, डॉ. दीपिका, डॉ. आर.आर.प्रसाद, डॉ. श्रीधर प्रसात, डॉ. शंकर नाथ, डॉ. चन्द्र शेखर, डॉ. मनोज कुमार वर्मा, दिवाक्षी तेजस्वी सहित अन्य लोग मौजूद थे।

Health Awareness workshop for the Old Age People, Patna (23rd Oct. 2010):

Retired IAS Association and PAHAL jointly organized a health awareness workshop for the retired and old age people. Medical Director of PAHAL Dr Diwakar Tejaswi addressed the people and discussed on the health related issues and also focused on what care and prevention should be taken in this age. Many retired IAS officers including Secretary of Retired IAS Association were present there.

Free Diabetes Detection Camp, Patna (24th Oct. 2010):

PAHAL organized a free diabetes detection and awareness camp at Patna. On this occasion Medical Director of PAHAL, Dr Diwakar Tejaswi examined the people suffering from diabetes and spoke to them about its prevention. About 105 persons were tested for the diabetes in the camp.

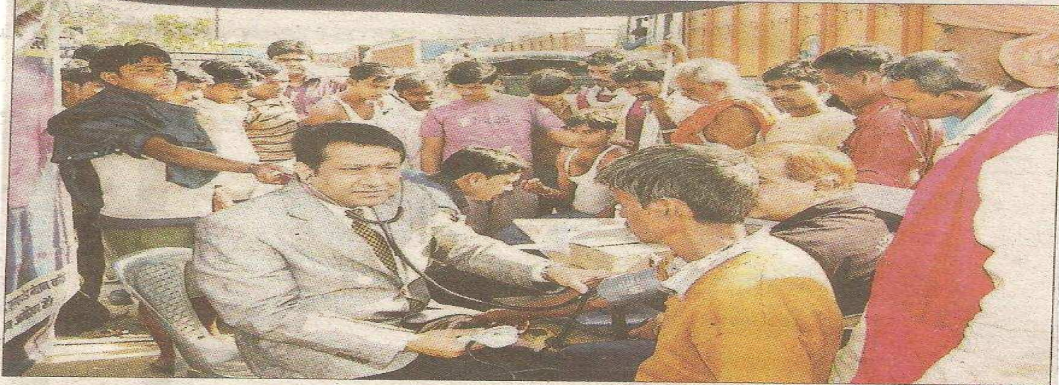
“Diwali Milan Samaroh”, Patna (4th Nov. 2010): On the eve of Diwali, a Diwali Milan Samaroh was organized by PAHAL. Medical Director PAHAL Dr Diwakar Tejaswi addressed the people and discussed the danger of crackers. He requested the children and parents to celebrate cracker free Diwali.



Free Diabetes Detection and Anemia Test Camp , Patna (27th Nov. 2010): Free diabetes and anemia test camp was organized by PAHAL. Medical Director Dr diwakar Tejaswi examined the patients and advised them. About 100 persons were benefited during the camp.

AIDS Awareness and Checkup Camp at Zero Mile, Bypass Road, Patna (30th Nov 2010): On the eve of World AIDS Day a HIV/AIDS Awareness and checkup camp was organized by PAHAL. Medical Director, Dr Diwakar Tejaswi delivered practical based lecture on HIV/AIDS. He also talked about prevention of AIDS. About 150 people including drivers, khalasis and shop keepers were tested for HIV.

देश में 53 हजार बच्चे HIV संक्रमित



बाइपास जीरो माइल के पास शिविर कैंप में जांच करते डॉ. दिवाकर तेजस्वी व अन्य डॉक्टरों.

150 लोगों ने कराई जांच

i next reporter

PATNA CITY (30 Nov) : विश्व एड्स दिवस की पूर्व संध्या पर मंगलवार को पब्लिक अवेयरनेस फॉर हेल्थफुल एप्रोच एंड लिविंग यानी पहल की ओर से जांच कैंप लगाया गया. बाइपास जीरो माइल के पास लगे इस कैंप में डॉ. दिवाकर तेजस्वी ने एड्स के बारे में डिटेल्स जानकारी दी. देश भर में करीब 2.3 मिलियन एचआईवी संक्रमित लोग हैं, उन्होंने बताया

कि बिहार में 36 हजार से अधिक एचआईवी संक्रमित एवं 7600 से अधिक एड्स रोगी हैं. इसी तरह, इंडिया में 53 हजार बच्चे एचआईवी संक्रमित हैं. 2009 में 65 हजार संक्रमित माताओं ने 18 हजार एचआईवी संक्रमित बच्चों को जन्म दिया. इस मौके पर पहल के आनन्द द्विवेदी, डॉ. किरण शरण समेत अनेक लोग मौजूद थे. इस मौके पर करीब 150 लोगों की एचआईवी जांच की गई तथा लोगों के बीच कंडोम बांटे गए.

Free Health Checkup Camp at Manpur, Bariya (6th Dec. 2010):

A Health Camp was jointly organized by PAHAL and Doordarshan Kalyani, Patna. About 150 female were tested for the anemia and 50 children were tested for general health issues. Medical Director PAHAL examined the patients. Medicines were also distributed to the needy.

Cancer Awareness Camp, Patna (9th Dec 2010):

A Cancer Awareness Camp was organized under the banner of PAHAL. Dr K K Sharan, ENT Specialist and Dr Diwakar Tejaswi were the key speaker. The camp was inaugurated by Dr K K Sharan.

Free Health camp at Pustak Mela, Gandhi Maidan, Patna (15th Dec. 2010):

A free health checkup camp was organized at Pustak Mela. About 155 people were benefited during the camp. People were tested for the blood pressure, blood sugar and HIV. Medical Director PAHAL Dr diwakar Tejaswi examined the patients.

HIV/AIDS Training for OT Asst. at Alok Nursing Home, Patna (13th Jan 2011):

Under the banner of PAHAL HIV/AIDS training programme was organized for the OT Asst. and nursing staff of Nalanda Open University. About 50 OT Asst and nursing staff were attended the training programme. Dr Diwakar Tejaswi was the key resource person.

Mouth Cancer Awareness Camp at Gaighat, Patna (4th Feb. 2011):

To mark the World Cancer Day, PAHAL organized a cancer awareness camp at Gaighat, Patna. Medical Director, Dr diwakar Tejaswi spoke about the threat of mouth cancer. He made the people aware about precautions.

राष्ट्रीय
सहारा पटना | शनिवार • 5 फरवरी • 2011

तंबाकू छोड़ो च्यूडंगम चबाओ : तेजस्वी

पटना सिटी (एसएनबी)। तंबाकू सेवन से भारत में कैंसर के मरीजों की संख्या लगातार बढ़ती जा रही है। देश में प्रतिदिन 200 लोगों की मौत तंबाकू सेवन के कारण होती है। यह बातें संस्था पहल के चिकित्सा निदेशक डॉ. दिवाकर तेजस्वी ने कही। शुक्रवार को संस्था पहल द्वारा विश्व कैंसर निषेध दिवस पर गायघाट में आयोजित 'मुख कैंसर प्रीवेंशन' कार्यक्रम में उन्होंने

▶ विश्व कैंसर दिवस पर 'मुख कैंसर प्रीवेंशन' कार्यक्रम आयोजित

कहा कि तंबाकू, गुटका, सिगरेट आदि का परित्याग कर मुख कैंसर से बचा जा सकता है। राज्य में करीब 29 प्रतिशत लोग बीड़ी, सिगरेट आदि का भी सेवन करते हैं। इसकारण राज्य में भी कैंसर मरीजों की संख्या दिनोंदिन बढ़ती जा रही है।

उन्होंने कहा कि दृढ़ इच्छा शक्ति वाले लोग तंबाकू के लत से आसानी से छूटकारा पा सकते हैं। इसके लिए बाजार में दवाएं भी उपलब्ध हैं। तंबाकू की जगह च्यूडंगम लेकर भी इसके सेवन से बच सकते हैं। पहल की अध्यक्ष डॉ. किरण शरण ने कहा कि



जनजागरण : कैंसर दिवस पर गायघाट में गुटखा पाउच का हवन करते डॉ. तेजस्वी व अन्य।

गर्भावस्था के दौरान तंबाकू सेवन से जच्चा व बच्चा पर भी कुप्रभाव पड़ता है। मुख्य वक्ता डॉ. केके शरण ने कैंसर के लक्षण के बारे में लोगों को बताया। मौके पर स्वास्थ्य जागरूकता रथ व पहल के संयुक्त तत्वावधान में 'सिगरेट छोड़ो व च्यूडंगम चबाओ' अभियान चला। कार्यक्रम को सफल बनाने में पवन कुमार साव, सुमन कुमार, शिवकुमार, मनोज कुमार आदि ने महत्वपूर्ण योगदान रखा।

Health Camp at Patna Women's College, Patna (1st March 2011)

Free Bone Mineral Density (BMD) testing camp was organized for the students and staff of Women's collage. 53 teachers, 29 students and 32 non-teaching staff were tested in the camp. Medical Director PAHAL, Dr Diwakar Tejaswi discussed about the health related issues and advised them.

International Women's Day, Patna (8th March 2011)

On the occasion of International Women's Day PAHAL honored five women, living with HIV/AIDS for their courage and positive contribution towards the society believing that it would be the motivational factor to them. Medical Director Dr Diwakar Tejaswi talked about the prevention and precaution of HIV/AIDS.

नारी के जज्बे को सलाम



सम्मानित : स्वयंसेवी संस्थान में उपहार व प्रमाणपत्र के साथ एड्स पीड़ित महिलाएं ।

पटना (एसएनबी)। मौत को सामने देखकर अच्छे-अच्छे की रूह कांप जाती है, लेकिन इरादे मजबूत हों तो मौत भी उनके आगे घुटने टेक देती है। कुछ ऐसी ही कहानी है-पिंकी, किरण, कंचन, रीता तथा निशा की। ये वे महिलाएं हैं, जिनके पति उन्हें एड्स की बीमारी देकर चल बसे। यह जानते हुए भी कि उन्हें एड्स है, इन्होंने हालात के आगे घुटने नहीं टेके। आज ये महिलाएं समाज के लिए एक मॉडल बन गयी हैं। लोगों के बीच घूम-घूम कर एड्स के बारे में जागरूकता फैला रही हैं। घर से बाहर रहकर काम करने वाले युवाओं को वे समझाती हैं कि जो गलती उनके पति ने की है, वे लोग उस गलती को न करें।

अंतरराष्ट्रीय महिला दिवस के मौके पर मंगलवार को स्वयंसेवी संस्थान 'पहल' तथा 'बीएनपी प्लस' ने अंतरराष्ट्रीय महिला दिवस के मौके पर उन्हें उपहार एवं प्रमाण पत्र देकर प्रोत्साहित किया। पब्लिक अवेयरनेस फॉर हेल्थफुल एप्रोच फॉर लिविंग (पहल) एवं बिहार नेटवर्क ऑफ पीपुल लिविंग

विथ एचआईवी/एड्स (बीएनपी प्लस) के संयुक्त तत्वावधान में आयोजित कार्यक्रम में वक्ताओं ने इनके सम्मान में समारोह का आयोजन किया। इस मौके पर पब्लिक अवेयरनेस फॉर हेल्थफुल एप्रोच फॉर लिविंग (पहल) के चिकित्सा निदेशक डॉ. दिवाकर तेजस्वी ने बताया कि ज्यादातर महिलाओं को

एड्स के प्रति जागरूकता फैला रही पीड़ित महिलाएं

एड्स उनके पति से मिलता है। पति की गलती की सजा निर्दोष महिलाओं को भुगतनी पड़ती है। स्थिति यह है

कि आज देशभर में एड्स रोगियों की कुल संख्या का चालीस प्रतिशत महिलाएं हैं। समाज में उन्हें बड़ी विषम परिस्थितियों का सामना करना पड़ता है। बीएनपी प्लस के अध्यक्ष ज्ञान रंजन ने बताया कि मोकामा निवासी पिंकी देवी (21 वर्ष), काजी बीधा की किरण देवी (36), आरा की कंचन देवी (35), पटना की रीता कुमारी (22) एवं मोकामा की निशा (22) समाज में घूम-घूम कर इस रोग के बारे में लोगों में जागरूकता फैला रही हैं।

Nukkad Natak on the Eve of World TB Day, Patna (23rd March 2011):

On the eve of World TB Day, PAHAL organized a Nukkad Natak to aware the people about the TB and its prevention at Gandhi Maidan, Patna. On this Medical Director addressed the mass.

Free Obesity Testing Camp, Patna (28th Mach 2011)

Free Obesity Camp was organized under the banner of PAHAL at Exhibition Road, Patna. Medical Director PAHAL Dr Diwakar Tejaswi talked about the danger of obesity and aware the people about health related issues. About 150 people were tested for the obesity.